

Expanding Consciousness using Sacred Wheels Workshop

An intensive workshop about the Grid of Compassion, the Expansion of Consciousness and Self-Integration

When: Fri 13 - Sun 15 Feb, 2015, 9am - 5pm

Where: The Awakening Centre, 35 Rosella Rd, Nth Maleny

Day 1

Morning: The House of the 4 Bodies of Perception, the Tree of Life and Trauma Release

This workshop helps us to understand how we experience and perceive the world. We will learn how to keep our four bodies (physical, emotional, mental and imaginary) in a clear state. This leads to a new way of communicating internally and externally. We will connect to the very centre of the Sacred Wheel, the Tree of Life. Participants will be introduced to the basics of trauma therapy and will learn to coach each other in order to achieve a fearless state in all four bodies. Since fear and stress are the main problems these days, this is a very important starting point.

Afternoon: The Sacred Wheels Geomancy

This basic geomantic workshop introduces us to connecting with the worldwide grid and its frequencies. The grid is composed of vertical and horizontal ley lines, and concentric circles, of which each has another function. Every participant will discover a way to find and perceive the different aspects of the "Sacred Wheel". Dowsing, or the use of a pendulum, will be utilised in this workshop. We will experience all of the 13 main qualities of the "Sacred Wheel" and learn more about their potential through experiencing them: Sacred Maturity, Transformation, Destination, Dream, Beauty, Healing, Grace/Bliss, Connection, Power, Stillness/Silence, Love and Wisdom.

Day 2

Morning: Accessing the Grid of Compassion

Since we now have integrated the qualities of the Sacred Wheel into our behaviour and interactions, we are ready to learn one of the main functions of the Sacred Wheel. This is a new way of learning directly by downloading knowledge from the Akashic Records. To find access to any kind of information we will install the Programs of Reconnection. Our separated or distorted system gets re-aligned with our Higher Self and the Subconscious.

Afternoon: Modern Shamanism

In this workshop we learn how to understand the four parts of the brain in a shamanic way. We will use Family Constellations for some of the group to experience the interaction of their own Snake, Jaguar, Hummingbird and Eagle path. And we will connect them with the intelligence of the heart.

Day 3

Morning: The 13 Animals of Power

This workshop teaches us how the programs of the chakra system individually are functioning. A short introduction will empower us to coach each other to find our personal animals and get to know our totem. This is a simple way to understand how we function through our different chakras. Animals are the foundation of any shaman's work and also serve for protection. An important part of our work will be to balance our different animal powers within. This creates more flow in our inner and outer worlds, and the ability to communicate with animals will open by itself.

Afternoon: Soul Groups

We have two Soul Groups; the one we belong to (let's say the Yin) and our polar twin (Yang). In this workshop we receive the tools to reintegrate our Soul Group's wisdom and power and heal the separation between the twins. Through a Sacred Marriage with our twin soul we become whole and this helps both Soul Groups to reconnect and give up conflicts. This wedding is done using a Family Constellation, so we channel the twin soul for each other. This is a powerful experience, since the twin often turns out to be an alien being, the heavenly brother. In this expansion of consciousness the whole power of the Tree of Life and the Galactic Akasha opens up to us. Many beings from our different Star Nations are waiting to reconnect with us. They want to interact with us in order to help us with our challenging evolution on Mother Earth at this time.

An evening optional workshop - Masters of the Plant World

This is a workshop in using consciousness-expanding medicine plants. We will only consume them in an etherical way. We get to know our allies in the plant world and their powers. We are going to use their help to open up our mind and experience other realms than the material ones. This way of consuming gives us an increased awareness without any risk. It is way more subtle and we can easily handle the journey. We will work in groups of three on the question using Family Constellation or travel as a whole group through the realms of the different plants. This workshop could be the foundation for many therapeutic changes in your life.

Whoever wants to take this work deeper will have the opportunity to book private sessions with Irin after the course.



Irin Zschokke

was born in Zurich, Switzerland in the 60s to parents who were inspired by the flower power movement from the US and the anti-authoritarian movement of Summerhill, UK.

Irin is a butterfly, her soul is flying from place to place bringing universal imprints to locations, people, animals and other beings.

Irin left Switzerland when she was 23 in search of a more natural life in Tuscany, ready to start a community on a farm with olive trees, wine, wild boars, fensans, cows and horses to plough the fields. She lived as a farmer for 12 years raising two children, caring for animals, reconstructing buildings, making cheese, growing veges, offering family camps in tee pees, horse riding etc.

When Irin returned to Switzerland she wrote "Tree of Life Now". In her dreaming she met Arwyn, whom she later met in this realm as Arwyn Dreamwalker. Irin began recalling her memories of past lives as a rainbow warrior and became drawn to geomantic research. This led her to restore the Sacred Wheels, the earthly grid of compassion, a segment of the whole grid of consciousness of the planet.

In the last eight years Irin has refined her skills as a therapist and coach for groups and given workshops mediating between people and animals or people and galactic beings. She is interconnected in the dreamtime with many indigenous shamans, many she has met on her world travels.

http://heiligerader.ch/HR_English/index.html